Is the 3D transesophageal Doppler color echocardiogram better than 2D to measure single defects of the interatrial septum in the catheterization laboratory?

¿El ecocardiograma transesofágico Doppler color 3D es mejor que el 2D para medir defectos únicos del tabique interauricular en la sala de hemodinamia?

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The relationship of atrial septal defect (ASD) with adjacent structures, the measuring of its dimensions, and the presence of adequate borders are essential variables when deciding the feasibility of proposing closure by catheterization 1. Measurement of the defect with a balloon is a method that has been shown to be useful for the choice of the size of the device to be implanted, usually a device 1-2 mm larger than the waist size evoked by the balloon is selected 2, 3. As support and guide, at the catheterization laboratory, it is common for transesophageal echocardiography (TEE) to be used in its different modalities (two-dimensional 2D - Three-dimensional 3D). The purpose of our work was to determine whether the measurement of ASD by 3D echo correlates better with the measurements with a balloon than those determined with 2D echo.

We conducted a retrospective study of patients who underwent percutaneous ASD closure between September 2015 and March 2018. We included the cases where 3D echo was used within the catheterization laboratory as imaging support. We correlated 3D echo and 2D echo measurement with the balloon measurement as the gold standard. We used Spearman's correlation test. A Bland and Altman graph was plotted to assess the concordance between the dimensions by 2D and 3D TEE. The SPSS 17 statistical package and MedCalc 18.11 were used.

We included 12 patients (7 males), with an average age of 16.1 years (5-70 years), and 40.8 kg weight (18-110 kg). Ten patients had single and two had multiple ASDs, 41.7% (5 patients) had deficient aortic rim and 16.7% (2 patients) had flaccid posterior rim. The longest diameter measured by 2D TEE was 15.4 mm (9-31 mm), the longest diameter by 3D TEE was 14.9 mm (8-31 mm), and the diameter measured by balloon was 17.7 mm (11-25 mm). The inserted devices were 20.5 mm on average (14-30 mm). The correlation between 2D TEE and balloon was good (r = 0.88; p = 0.001), and also between 3D TEE and balloon (r = 0.83; p = 0.001), as well as the agreement between 2D and 3D TEE (Figs. 1 and 2).

3D TEE in the catheterization laboratory is highly useful for the assessment of multiple defects and residual defects closure 4. Nearly 8% of ASDs of the...
**Figure 1.** Correlation between 3D echo and balloon (left, $r = 0.83$) and between 2D echo and balloon (center, $r = 0.88$). Bland and Altman graph showing the concordance between longest diameter by 3D and 2D echo ($p = 0.19$).

**Figure 2.** Measurement with two-dimensional transesophageal echocardiogram (upper left and right, 0 and 90 degrees, respectively). Measurement with three-dimensional transesophageal echocardiogram (bottom left). Measurement with balloon (bottom right).
ostium secundum type are multiple. 3D TEE-based formulas have been proposed for the choice of the size of the device to be implanted, as well as 3D usefulness to avoid the use of the balloon for measuring the defect; however, no study has shown that 3D TEE is clearly better in the measurement of single defects. In our experience, both methods (2D and 3D TEE) had a good correlation with the measurement with balloon, but there were no differences between 2D and 3D TEE.

3D images are essential for the interventional cardiologist. They improve spatial orientation in some circumstances, for example, at the moment of MitraClip implantation or in the presence of interatrial septum multiple defects. The main disadvantage of 3D is the restriction in terms of the minimum patient weight required, since there are no pediatric probes, and its use is recommended for patients weighing more than 35 kg, although, in our case, it could be used without complications in a patient of 18 kg.

In most ASDs of the ostium secundum type, 2D TEE is the method of choice for control in the catheterization laboratory, especially if the interatrial septum is not flaccid; conversely, if the defect is more complex, oval or multiple, 3D TEE can provide an advantage in anatomical assessment and for the choice of devices.

Conflicts of interest

Doctors Contreras, Ferrero Guadagnoli, and Vilte have no conflicts of interest. Dr. Peirone is a Consultant and Proctor of PFM Medical, Proctor of St. Jude Medical, Proctor of Occlutech Medical, and Proctor of Cera Lifetech Science.

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Ethical disclosures

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Confidentiality of data. The authors declare that they have followed the protocols of their work center on the publication of patient data.

Right to privacy and informed consent. The authors have obtained written informed consent of the patients and/or subjects mentioned in the article. The corresponding author is in possession of this document.

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